Club Cycliste Beaconsfield Long Sault Ride up to 150 km. This ride may be cut short at any point by turning left off rte 18 to join rte 2 eastbound.

From the Long Sault Park (Mille Roches Island) exit via the East gate turn right on route 2 then turn left on hiway 36 b, about 2 km later at + intersection turn left on rte 15 towards harrison Corner andOsnabruck Center and straight ahead onto Duffy's Road. Tricky section: Turn right onto Morgan road and the turn left onto Hwy 18 again. Remain on Hwy 18 and go by Galligertown, the town of Boucks Hill, Williamsburg, the Town of Dundela (general store), the town of Dixons Corners (store). After Dixon Corners remain on Hwy 18 and then turn right on Hwy 1 at Hainsville About 1 km later turn left on Hwy 18 to Shanly (restaurant). In Shanly turn left onto Hwy 22 to Cardinal In Cardinal turn left onto Hwy 2 Eastbound past the Town of Iroquois Turn right on Lakeshore Drive for the scenic section; follow Lakeshore drive through Mariatown, in Morrisburg turn left on Hwy 2. (Restaurants and store in Morrisburg.) Carry on Hwy 2 to Ingleside Turn right on the Long Sault Parway (scenic route) to departure point on Mille Roche Islands.

