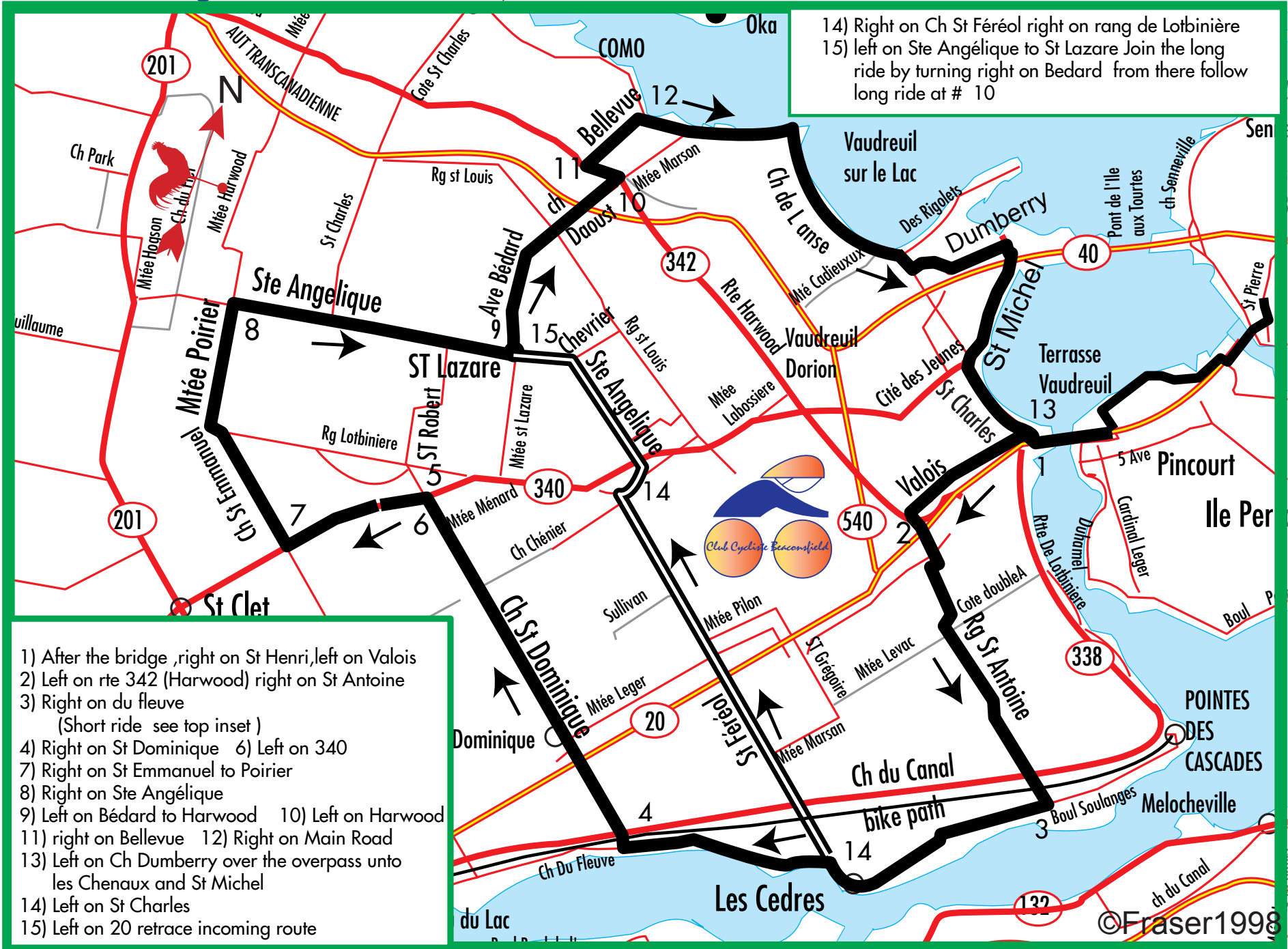


# Club Cycliste Beaconsfield

Les Cèdres tour 75 Ou 90 km



14) Right on Ch St Féréol right on rang de Lotbinière  
 15) left on Ste Angélique to St Lazare Join the long ride by turning right on Bedard from there follow long ride at # 10

- 1) After the bridge ,right on St Henri,left on Valois
- 2) Left on rte 342 (Harwood) right on St Antoine
- 3) Right on du fleuve  
(Short ride see top inset )
- 4) Right on St Dominique 6) Left on 340
- 7) Right on St Emmanuel to Poirier
- 8) Right on Ste Angélique
- 9) Left on Bédard to Harwood 10) Left on Harwood
- 11) right on Bellevue 12) Right on Main Road
- 13) Left on Ch Dumberry over the overpass unto les Chenaux and St Michel
- 14) Left on St Charles
- 15) Left on 20 retrace incoming route