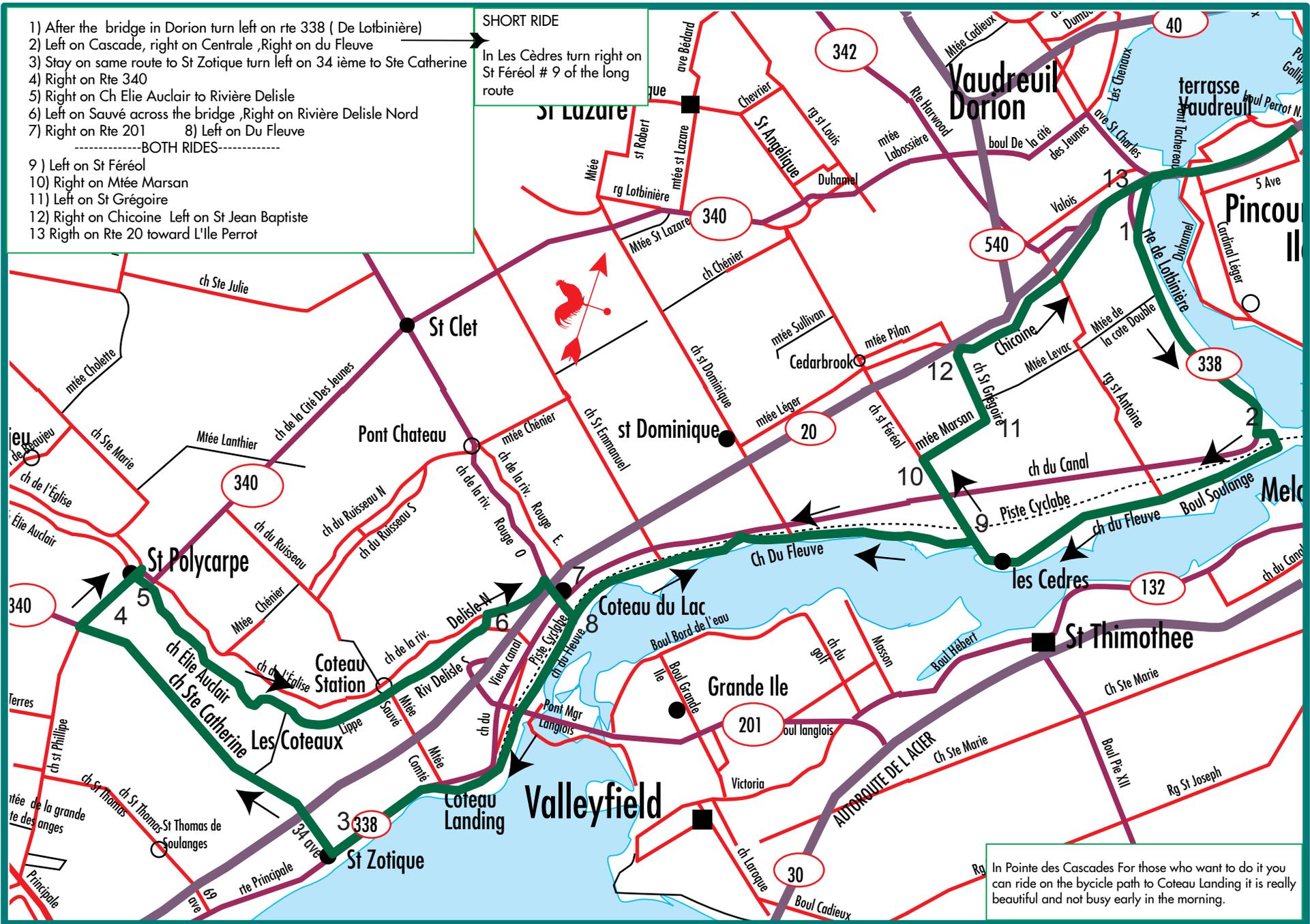


Club Cycliste Beaconsfield

St Polycarpe tour
80 or 115 km.

- 1) After the bridge in Dorion turn left on rte 338 (De Lotbinière)
 - 2) Left on Cascade, right on Centrale ,Right on du Fleuve
 - 3) Stay on same route to St Zotique turn left on 34 ième to Ste Catherine
 - 4) Right on Rte 340
 - 5) Right on Ch Elie Auclair to Rivière Delisle
 - 6) Left on Sauvé across the bridge ,Right on Rivière Delisle Nord
 - 7) Right on Rte 201 8) Left on Du Fleuve
- BOTH RIDES-----
- 9) Left on St Féréol
 - 10) Right on Mée Marsan
 - 11) Left on St Grégoire
 - 12) Right on Chicoine Left on St Jean Baptiste
 - 13) Right on Rte 20 toward L'île Perrot

SHORT RIDE
In Les Cèdres turn right on St Féréol # 9 of the long route



In Pointe des Cascades For those who want to do it you can ride on the bicycle path to Coteau Landing it is really beautiful and not busy early in the morning.